

VERBS (EMOTIONAL INTENTIONS) - SHORT LIST

(with subtexts or adjustments to help flesh them out, make them more specific, and give them life)

convince	"I think you should..." (something you genuinely believe)
persuade	"I want you to understand and believe this..." (again, something that you genuinely believe)
demand	"I demand it." "Don't contradict me." "You will do this."
beg/plead	"Please help me." "Please forgive me."
cajole/coax	"Come on, sweetie..." "It's not so bad once you try it."
charm/flatter/compliment	"You're wonderful." "You'd be very good at..." "Let me tell you what I like about you."
soothe	"Everything will be alright, there's nothing to worry about. I'll take care of you."
apologize/confess	"I'm truly sorry." (something you are genuinely ashamed of)
tease/tickle	(for fun, or to be sweet and intimate together)
flirt	"I think you're cute." "Do you like me as much as I like you?"
seduce	"Come over here closer to me." "I'm very attracted to you."
dazzle	"Wait til you see..!" "You should have seen it!" (use image of something amazing and special)
encourage	"You're smart and you're talented. I know you can do it."
incite	"To the barricades!" "I have a dream!"
challenge	"Are you man enough?" "I dare you." "I bet you can't."
brag	"I want you to be proud of me." (something you are genuinely proud of)
complain	"It's not fair." "Why doesn't anything ever go right?"
whine	"Does is always have to be me?"
accuse	"You lied to me." "I saw you do it."
nail/confront	"I know your game." "I see right through you."
goad	"You wanna fight?"
warn	"I'm warning you."
punish	"You're a bad person." "I'm through with you."
ridicule	(mean teasing, but to get a laugh, e.g., make fun of clothing, etc.)
belittle	"You are worthless. You are nothing. You have no value on the planet."
knife	"You hurt me and I want to hurt you back."
scrutinize	(count wrinkles on face, notice details of dress and expression)
pry	(ask questions which are none of your business, especially about money, sex, politics)

LONGER LIST OF VERBS AND EMOTIONAL INTENTIONS
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SECTION I – INTERACTIONS TOWARD THE NEGATIVE SIDE

RETALIATION (FOR A WRONG THAT HAS BEEN DONE)

Accuse, blame, punish, retaliate, thrash, shame, scold, reproach, reprove, reprimand, condemn, disapprove, point one's finger

SUPPRESS AND TORMENT (DENY ANOTHER PERSON'S FREEDOM AND HAPPINESS)

Berate, attack, abuse, harass, menace, badger, browbeat, bully, force, intimidate, knife, coerce, pressure, persecute, rag on, crush, clobber, wallop, violate, rape, castrate, destroy, hammer, suppress, torment, confine, weigh down, poison, subdue

WARN AND NAG

Warn, admonish, threaten, harangue, remind, nag, find fault

RIDICULE AND HUMILIATE

Ridicule, mock, belittle, discourage, disparage, deflate, dampen, demean, deny, disparage, sneer at, vilify, disrespect, undermine, criticize, humiliate, taunt, jeer at, look down on, make a fool of, talk down to, spit upon

HARASSMENT BY UNWANTED ATTENTION

Stalk, hunt, pry, scrutinize

CONFRONTATION

Nail, pounce, confront, get the jump on, test, invade his space, stare him down, look daggers

PICK A FIGHT

Goad, bait, prod, provoke, dare, challenge, engage, get his goat, pester, bother, fuss, quibble, contradict, insult, negate, battle, get in the way, interfere

EVASION

Dodge, deflect, stonewall, evade, repulse, push away, fake out, string along, beguile, wean, guard against, shut out, defend against

SECTION II – INTERACTIONS OF A GENERAL FAMILY/BUSINESS SORT

TAKE AUTHORITY

Demand, order, summon, direct, command, compel

GIVE INSTRUCTION

Instruct, lecture, teach, preach, expound

TAKE ATTENTION

Brag, upstage, bluff, one-up, dramatize, clown, entertain

STAND UP FOR ONESELF

Show him the door, let him know who's boss, take charge, let him have it, set him straight, take him down a peg

REBELLION

Rebel, revolt, renounce, reject, challenge, defy

CREATE EXCITEMENT, ENTHUSIASM AND RIOT

Incite, exhort, kindle, galvanize, enflame, infuse

GET A RISE OUT OF PEOPLE

Startle, shock, shake up, expose, thrill, dazzle, electrify, arouse, awaken, engage, make waves, rock the boat, barge in

INFLUENCE STRONGLY

Plead, beg, entreat, importune, appeal, pray

INFLUENCE SUBTLELY

Convince, persuade, guide, maneuver, massage, cajole, coax, assure, induce, prevail upon, sweet-talk, hustle

REASON AND NEGOTIATION

Inform, explain, clarify, justify, reason, negotiate, dicker, bargain, haggle, grapple, cut a deal, conspire, brainstorm, hatch a plan

GIVING IN

Accommodate, concede, yield, acquiesce, capitulate, tolerate, apologize, back peddle

WHINE AND COMPLAIN

Whine, complain, nag, pout, sulk, mope, gripe, wheedle, steer, manipulate

GET INFORMATION THAT MAY NOT BE YOUR BUSINESS

Pry, quiz, interrogate, insinuate, meddle, intrude inspect, calculate, diagnose, categorize

SECTION III – INTERACTIONS MOSTLY POSITIVE**LIFT UP OTHERS**

Encourage, empower, help, foster, nourish, support, boost, bolster, build up, crown, reward, honor, stimulate, enliven, cheer, inspire, treasure, endorse, champion

GIVE APPROVAL

Accept, approve, affirm, flatter, compliment, vouch for, salute, applaud, praise, appreciate

SHOW FRIENDSHIP AND GOOD WILL

Greet, bless, surrender, confide, attend, give attention, entrust, reach out, befriend, cooperate, open up

SHOW MERCY AND COMPASSION

Forgive, rescue, heal, comfort, console, take care of, soothe, caress, reassure, cherish, hold, touch, defend, grieve

PLACATE AND PACIFY

Lull, pamper, indulge, appease, smooth over, enfold, smother, suffocate, overwhelm, kill with kindness

PLAYFUL

Celebrate, tease, tickle, needle, banter, play, please, entertain, clown, amuse, divert, lighten, humor, jolly

SEDUCE AND CHARM

Dote upon, drool over, savor, nuzzle, ogle, hypnotize, lure, tantalize, seduce, flirt, entice, woo, fondle, charm, flatter, compliment, butter up, spoil, undress, make love

SECTION IV**INTERIOR VERBS**

Reminisce, dream, speculate